



# THINKING

## IN A CERTAIN WAY

In *The Science of Getting Rich*, Wallace Wattles says that the first step in getting rich is forming a clear and definite mental picture of what you want. Unformed longings and vague desires won't set the creative power of the universe into action.

Wattles said you must have that mental picture continually in mind, as the sailor has in mind the port toward which he is sailing the ship.

For decades, people have used Wallace Wattles' process of "thinking in the certain way" to get rich or achieve any strong desire. Use the checklist below to help you consciously and deliberately create your heart's desires.

- Create a picture in your mind of your heart's desire. See the image in color with as many details as possible.
- Spend as much time as you can dwelling on that mental picture. There's no need to engage in concentration exercises or put strenuous effort on your thoughts; just use your will to hold the picture on the screen of your mind.
- Make sure your desire is strong enough to overcome mental laziness and the love of ease and hold your thoughts to take actions directed to your purpose.
- Have an unwavering faith that what you want is already yours and all you have to do is take possession of it. See yourself in the image as if it is happening right now. Engage all of your senses—what do you see, feel, hear, smell, and taste as you experience your desire.
- Examine your picture again and again until you feel the full reality of it. The more you can image the entire "package," the better it's going to be.